

Study Tour (Bharat Darshan) of FTP for ASO(DR) of 2023 Batch (28.04.2024 to 04.05.2024) for Assistant Section Officer of CSS

Report on Study Tour Karnataka (Group-2)

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Acknowledgement:

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I owe a significant debt of gratitude to Mr. Vinod Goud, a luminary as both Senior Faculty and Bharat Darshan Coordinator. His astute guidance and perpetual oversight, coupled with the dissemination of vital project information, were instrumental in the completion of my endeavors.

Our collaborative endeavor during the expedition across Karnataka, Tamil Nadu, and Kerala presented a singular experience. The study tour was not merely educational but transformative, with highlights including the enlightening NSO attachment and the captivating Teacum-Chocolate Factory Visit, from which abundant knowledge was gleaned.

Furthermore, I wish to convey my deepest appreciation to the Director General of MCRIRD, whose steadfast support was pivotal in ensuring the seamless conclusion of our study tour.

Gratitude resonates deeply as I extend my heartfelt thanks to the Institute of Secretariat Training and Management (ISTM) for their unwavering support and facilitation of the enlightening Bharat Darshan journey. Your dedication to fostering experiential learning and broadening our horizons is truly commendable. I am profoundly grateful for the opportunity to partake in this transformative experience, which has enriched my understanding of our nation's diverse landscape and cultural tapestry. Thank you, ISTM, for illuminating my path on this memorable expedition."

Objective of the Tour

As part of the mandatory ISTM Phase-1 Foundation Training Programme for Assistant Section Officers (ASOs) of 2023 Batch, 01-week Bharat Darshan was organized from 28.04.2024 to 04.05.2024 at Karnataka-Tamilnadu-Kerala under the guidance of Dr. Vinod Goud, Senior Faculty (FTP).

There were 61 participants from different Ministries participating in this Training Programme. This study tour was part of the Training Programme and has following objectives: -

- The objective of the Bharat Darshan tour is multifaceted, aiming to achieve several key goals:
- Cultural Exposure: To provide participants with an immersive experience of India's rich and diverse cultural heritage by visiting various historical sites, monuments, and regions representing different cultural traditions.
- Geographical Awareness: To enhance participants' understanding of India's geographical diversity, including its landscapes, climates, and natural resources, by exploring different regions across the country.
- ➤ Social Insight: To foster a deeper understanding of India's social fabric, including its traditions, customs, languages, and societal norms, through interactions with local communities and cultural immersion activities.
- ➤ **Historical Appreciation**: To enable participants to appreciate India's historical significance and evolution by visiting important historical landmarks, heritage sites, and museums.
- ➤ Educational Enrichment: To provide participants with valuable educational experiences outside the classroom, offering insights into various aspects of Indian history, culture, geography, and society through experiential learning.

▶ Promotion of National Integration: To promote unity in diversity and strengthen the bonds of national integration by facilitating interactions among participants from different states, regions, and cultural backgrounds.

▶ Personal Growth: To facilitate personal growth and development by exposing participants to new experiences, perspectives, and challenges, thereby fostering independence, resilience, and adaptability.

Overall, the objective of the Bharat Darshan tour is to offer participants a comprehensive and holistic understanding of India's multifaceted identity while promoting cultural exchange, educational enrichment, and personal growth.

Bharat Darshan Group-2 (Hyderabad-Bengaluru-Ooty-Waynad-Coorg-Mysore-BengaluruHyderabad)

Day 0 (28th April, 2024)

- Reached Bengaluru Airport at 10:30 AM
- Leave for Ooty from Bengaluru Airport at around 11:00 AM
- Had Lunch at The President, Mysore around 3:00 PM
- Visited Bandipur Tiger Reseve from 4:00 PM to 6:00 PM
- Madumalai Elephant Reserve from 6:00 PM to 7:00 PM
- Reached Ooty via Gudulur at around 11:00 PM

Day 1 (29th April, 2024)

- Visited Doddabeta Peak at around 9:30 AM
- Visited Tea Factory and Chocolate Factory at around 1:00 PM
- Lunch in Ooty
- Leave for Boat House to have boating at around 5 PM

Day 2(30th April, 2024)

- Visited Botanical Garden at 9:30 AM to 12:30 PM
- Visited The Nilgiris District Co. Operative Employees Co. Operative Thrift and Credit Society Ltd.

- Visited Paykara Waterfalls at around 2:00 PM
- Leave for Waynad
- Reached Waynad at around 8 PM

- Day 3 (01st May, 2024)

 Visited Edakkal Caves at around 9 AM
 Nent to Kappad Beach in Kerala where first Portugese Travel Vasco Da Gama landed, at around 4:30 PM to 6:30 PM.
 Came back to Waynad

 Day 4 (02nd May, 2024)

 Check out from the hotel in Waynad and our entourage proceeded to Coorg
 Visited Abbi/Abbey WaterFalls at around 3:00 PM
 Night Stay in camps

 Day 5 (03nd May, 2024)

 Leave for Mysore from Coorg
 Visited Stay Indiamena's Cathedral Church in Mysore
 Visited St. Philomena's Cathedral Church in Mysore
 Visited KSR Dam at around 7:00 PM
 Visited Vindavan Garden (It was closed due to heavy rain)

 Day 06 (04th May, 2024)

 Visited Mysore Palace at 12 noon
 Visited Srirangapatna Temple
 (Pancharanga Kshetra) at 4:30PM)
 Reached at Benguluru Airport at 9:00 PM
 Arrived at Dr. MCR HRD IT at around 2:00AM.

1.BANDIPUR NATIONAL PARK

As I stepped into the heart of Bandipur National Park, a sense of anticipation mixed with reverence washed over me. The lush greenery enveloped the surroundings, teeming with life and mystery. Each rustle of leaves carried the promise of encountering the majestic creatures that call this reserve home.

Guided by the seasoned expertise of our park ranger, every step felt like a deliberate journey into the wild. The sunlight filtered through the dense canopy, casting dappled shadows on the forest floor as we ventured deeper into the wilderness.

Suddenly, a hush fell over our group as we caught sight of a magnificent tiger prowling through the undergrowth. Its sleek coat rippled with power and grace, a living embodiment of strength and beauty. Mesmerized by the raw elegance of this apex predator, I stood in awe of nature's unyielding majesty.

Yet, the tiger was but one thread in the rich tapestry of life that thrives within Bandipur. As we continued our exploration, we encountered a vibrant array of flora and fauna, each playing their part in the delicate balance of this ecosystem. From the playful antics of langurs to the melodious trill of exotic birds, every sighting was a testament to the resilience and diversity of life in the wild.

As the day drew to a close and we reluctantly made our way back to civilization, I couldn't help but reflect on the profound connection forged during our time in Bandipur. In this sanctuary of serenity and wonder, I found not only a deeper appreciation for the natural world but also a renewed sense of humility in the its untamed beauty.its natural habitat make it trulv





2. Mudumalai Tiger Reserve

Stepping into Mudumalai Tiger Reserve felt like crossing the threshold into a realm of untamed beauty and raw wilderness. The air was thick

with anticipation as I embarked on this exhilarating journey, eager to immerse myself in the heart of one of India's most renowned tiger habitats.

As our safari jeep rumbled to life, I couldn't help but marvel at the majestic landscape unfolding before me. Towering trees draped in emerald foliage framed the winding paths, while the distant calls of exotic birds added a symphony of sounds to the ambiance.

Our guide, a seasoned expert in the ways of the jungle, led our expedition with a quiet confidence, his keen eyes scanning the dense undergrowth for any signs of movement. With each passing moment, the anticipation grew, heightening my senses to the slightest rustle or whisper of the wind.

Suddenly, a hush fell over our group as our guide motioned for us to be silent. In the distance, a magnificent creature emerged from the shadows - a Bengal tiger, its golden coat shimmering in the dappled sunlight. Time seemed to stand still as we watched in awe, captivated by the sheer power and grace of this apex predator.

As we continued our exploration, the forest revealed its secrets in subtle whispers and fleeting glimpses. Herds of spotted deer grazed peacefully in the meadows, while langurs swung gracefully through the overhead. Each sighting was a testament to the rich biodiversity of Mudumalai, a sanctuary teeming with life at every turn.

But it wasn't just the wildlife that left an impression on me. The tranquil beauty of the landscape, with its rolling hills meandering streams, offered a sense of serenity that was both humbling and awe-inspiring. In the embrace of nature's embrace, I felt a profound connection to something greater than myself - a reminder of the delicate balance that sustains all life on Earth.

As the sun began to dip below the horizon, casting a golden glow over the treetops, I knew that my time in Mudumalai Tiger Reserve had left an indelible mark on my soul. In its untamed beauty and boundless wonder, I had found a sanctuary for the spirit, a place where the wild heart of nature beats eternal.

3.Dodabetta Peak (Western Ghats)

Doddabetta Peak, located in the Nilgiri Hills of Tamil Nadu, is the highest peak in the Nilgiri mountain range. Geographically, it sits at an elevation of 2,637 meters (8,650 feet) above sea level, offering stunning vistas of the surrounding landscape. The peak is characterized by its rolling hills, dense forests, and tea plantations, creating a picturesque backdrop for visitors. Its location near Ooty makes it a popular destination for tourists seeking to

experience the natural beauty of the region. Doddabetta's geography also plays a significant role in its climate, with cool temperatures and misty conditions common throughout the year, adding to its allure as a scenic destination.

Ascending the winding roads that led to the summit of Doddabetta Peak, I felt a sense of exhilaration mingled with anticipation. Located in the heart of the Nilgiri Hills, this majestic peak stood as the highest point in the region, promising breathtaking views and unforgettable experiences.

As I reached the summit and stepped out of the car, a rush of cool mountain air greeted me, refreshing and invigorating. The panoramic vista that unfolded before my eyes was nothing short of awe-inspiring - a vast expanse of emeraldgreen valleys, mist-covered peaks, and azure skies stretching as far as the eye could see.

With each step I took along the viewing platform, the landscape seemed to shift and evolve, revealing new wonders at every turn. To the east, the first light of dawn painted the horizon in hues of pink and gold, casting a soft glow over the sleepy hillside villages nestled in the valleys below.

To the west, the setting sun transformed the landscape into a canvas of fiery oranges and deep purples, illuminating the rolling hills in a warm, golden light. And all around me, the gentle rustle of leaves and the distant calls of birds added to the sense of tranquility and serenity that pervaded the air.

As I stood there, surrounded by the majestic beauty of nature, I couldn't help but feel a profound sense of gratitude and wonder. In the embrace of Doddabetta Peak, I had found a sanctuary for the soul - a place where time seemed to stand still and the worries of the world faded away.

As the sun dipped below the horizon and the stars began to twinkle in the night sky, I knew that my experience at Doddabetta Peak would stay with me forever. In its quiet grandeur and timeless beauty, I had discovered a glimpse of heaven on earth - a place where the spirit could soar and dreams could take flight.





4. Tea Factory at Ooty

As Ooty is renowned for producing high-quality tea, particularly Nilgiri tea, which is appreciated for its brisk and bright flavour profile.

Guilded Tours:- There we get an guided tour that provide us with insights into the tea-making proccess, from plucking the tea leaves to withering, rolling, fermenting, drying and packaging. We witnessed each stage of tea production firsthand and learn about the nuances of tea cultivation and processing.

Tasting Sessions:- Every visitors to the tea factories can indulge in tasting sessions where they can sample a variety of teas produced on-site. This allows them to experience the distinct flavors and aromas of different types of tea and select their favorites to purchase and take to home.

Tea sales:- The tea factory have onsite shops or outlets where visitors can purchase freshly processed tea products, including loose-leaf tea, packaged tea blends. These teas make for popular souvenirs or gifts for families and friends.

Scenic Surroundings:- Many tea factories in Ooty nestled amidst picturesque tea estates, offering visitors the opportunity to enjoy scenic views of lush green tea gardens against the backdrop of the Nilgiri Hills. The serene ambiance adds to the overall tea-tasting experience.

Visiting the tea factory at Ooty was a sensory journey unlike any other. From the moment I stepped through the doors, the air was infused with the rich aroma of freshly brewed tea, tantalizing my senses and inviting me to explore the inner workings of this time-honored craft.

The tour began with an introduction to the tea-making process, where knowledgeable guides walked us through each stage, from the plucking of tender tea leaves to the final packaging of the finished product. As we wandered through the factory floor, I marveled at the intricate machinery and delicate hands that transformed humble leaves into the world-renowned beverage enjoyed by millions.

One of the highlights of the tour was witnessing the withering process, where freshly plucked tea leaves were spread out on large trays to dry, allowing their moisture content to evaporate slowly. The sight of rows upon rows of leaves gently wilting under the warm embrace of the sun was both mesmerizing and humbling, a testament to the artistry and precision that goes into every cup of tea.

Next, we moved on to the rolling stage, where the withered leaves were subjected to gentle pressure to release their natural juices and flavors. Watching the leaves transform from their original form into tightly rolled balls of green was a fascinating sight, as if witnessing nature's alchemy at work.

As we continued our journey through the factory, we were treated to a tasting session, where we sampled a variety of teas freshly brewed from leaves harvested right here in Ooty. From delicate white teas to robust black blends, each cup offered a glimpse into the diverse flavors and aromas that tea has to offer.

In addition to its role as a production facility, the tea factory also served as a hub of education and awareness, where visitors could learn about the history of tea cultivation in the region and the sustainable practices employed to ensure its continued success. It was a reminder that behind every cup of tea lies a story of hard work, dedication, and a deep respect for the land.

As I bid farewell to the tea factory at Ooty, I carried with me not only a newfound appreciation for the art of tea-making but also a deeper understanding of the cultural and environmental significance of this time-honored tradition. It was an experience that left me inspired and enriched, a true celebration of the magic that happens when nature and human ingenuity come together in perfect harmony.



5. Chocolate Factory

Handcrafted chocolates:- Ooty's chocolate factories are known for their artisanal approach of chocolate-making. They often produce handcrafted methods, ensuring high-qualityand distinct flavors.

Interactive Tours: - Chocolate factories provide guided tours that offer insights into the chocolate-making process. We witnessthe various stages of chocolate production, from roasting and grinding cocoa beans to tempering and molding chocolate into delectable treats.

Chocolate Tasting: - Many Chocolate factories offer tasting sessions where visitors can sample a selection of chocolates to experience the rich flavors and textures firsthand. These tasting sessions allow chocolate enthusuasts to explore different varieties and discover their favorites.

As I wandered through the factory, I was fascinated by the intricate machinery and bustling activity that surrounded me. From the grinding of cocoa beans to the molding of chocolate bars, every step of the chocolate-making process was a mesmerizing display of craftsmanship and precision.



As I boarded the colorful pedal boat, a sense of excitement washed over me, mingled with a feeling of tranquility as I set out to explore the lake's placid waters. With each gentle stroke of the pedals, the boat glided gracefully across the surface, carrying me further into the heart of this natural oasis.

Surrounded by verdant hills and swaying trees, the scenery was nothing short of breathtaking. The calm waters reflected the azure sky above, creating a mirror-like surface that seemed to stretch on for eternity. From time to time, a gentle breeze whispered through the air, carrying with it the sweet fragrance of wildflowers and pine.

As I navigated the tranquil waters, I couldn't help but marvel at the sense of peace and serenity that enveloped me. The rhythmic motion of the boat, the soothing sounds of nature, and the panoramic views all served to quiet my mind and nourish my soul, offering a moment of respite in the midst of nature's embrace.

Along the way, I encountered fellow boaters, families enjoying picnics on the lakeshore, and wildlife basking in the sun. Ducks paddled lazily in the water, their cheerful quacks adding to the symphony of sounds that filled the air. It was a scene straight out of a postcard, a tranquil tableau that seemed to exist outside of time.

As the sun began to dip below the horizon, casting a golden glow over the landscape, I reluctantly made my way back to shore, savoring every last moment of this magical experience. Boating at Ooty Lake had been a journey of serenity and wonder, a precious reminder of the beauty that surrounds us and the peace that can be found in nature's embrace.

The boating house was surrounded by lush greenery, across Ooty lake, providing a tranquil setting for boating enthusiasts to unwind and enjoy nature's beauty.

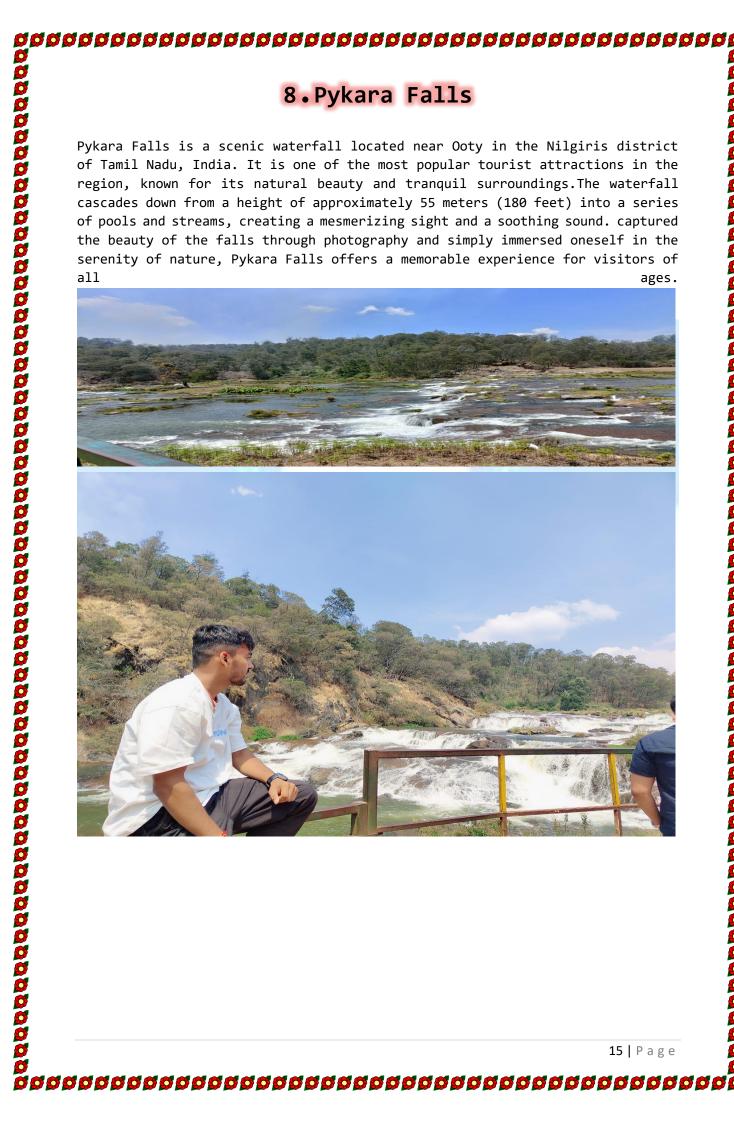


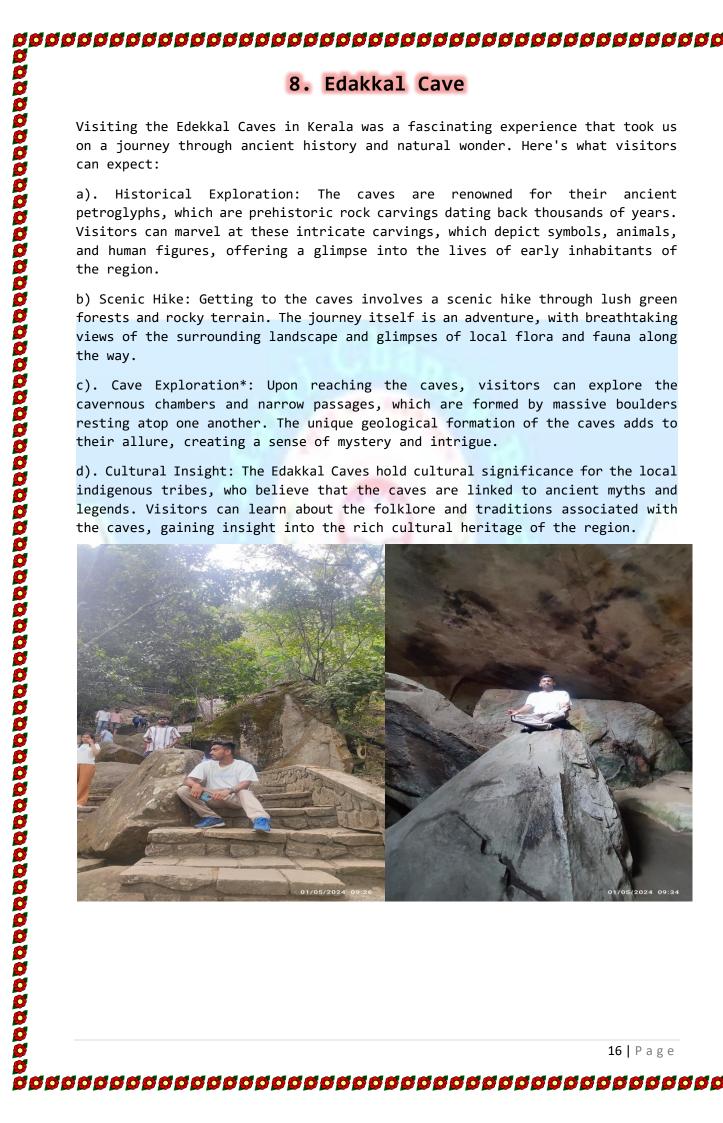






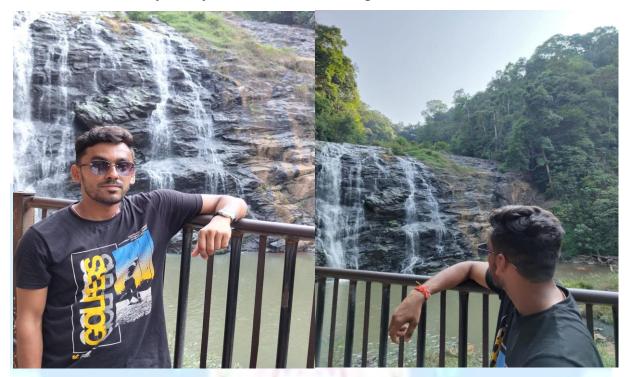








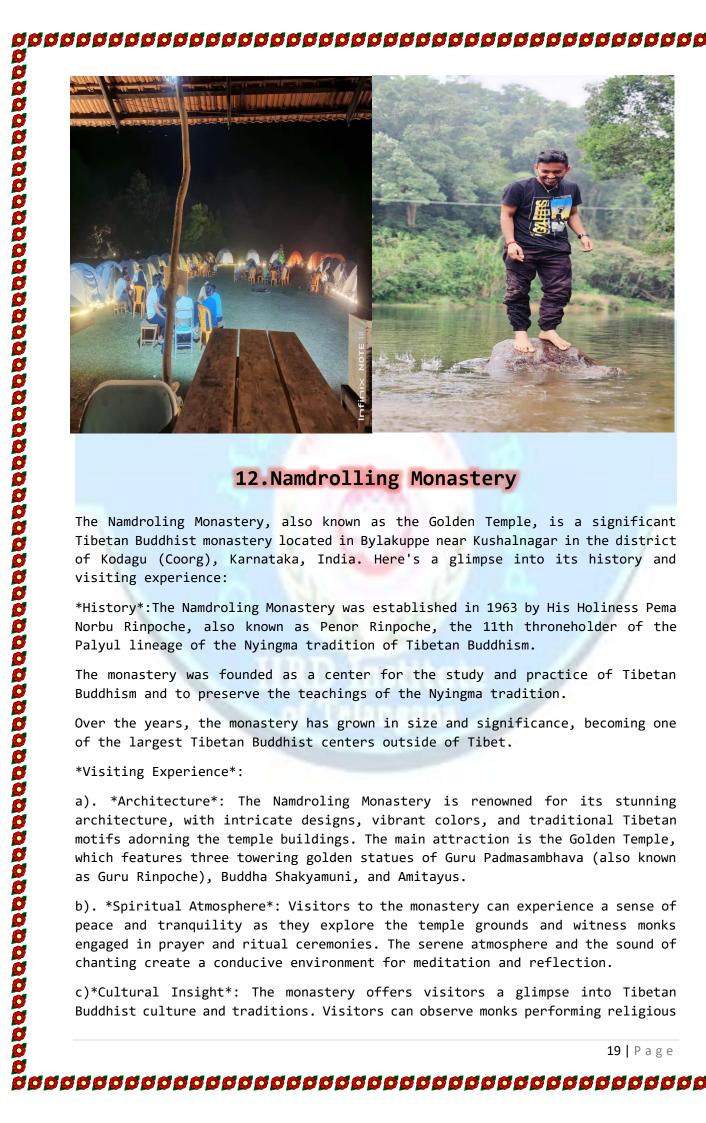
b) *Spectacular Waterfall*: Upon reaching Abbey Falls, visitors are greeted by the sight of water plunging from a height of about 70 feet into a pool below. The sheer force of the waterfall creates a mesmerizing display of cascading water, surrounded by rocky cliffs and dense vegetation.



11. Ela Camping/Glamping

Ela Camping Spot, located in Madikeri(Karnataka), offers a unique and memorable outdoor experience for nature enthusiasts. Here's what makes it special:

- a)*Serenity and Seclusion*: Ela Camping Spot is known for its tranquil and secluded atmosphere, providing a peaceful retreat away from the hustle and bustle of city life. Nestled amidst lush greenery and surrounded by scenic landscapes, it offers a serene setting for relaxation and rejuvenation.
- b) *Riverside Camping*: One of the highlights of Ela Camping Spot is its proximity to a picturesque river. Visitors can set up camp along the riverbank, listening to the soothing sound of flowing water and enjoying panoramic views of the surrounding wilderness. Riverside camping adds an element of adventure and connection to nature.
- c) *Outdoor Activities*: Ela Camping Spot offers a range of outdoor activities for visitors to enjoy. From nature walks and birdwatching to fishing and kayaking in the river, there's something for everyone to explore and experience amidst the natural beauty of the surroundings.
- d) *Campfire Experience*: Gather around a crackling campfire under the starry sky for a memorable evening at Ela Camping Spot. Campfires provide the perfect opportunity for bonding with friends and family, sharing stories, singing songs, and enjoying delicious meals cooked over an open flame.



rituals, participate in prayer sessions, and learn about the significance of Tibetan Buddhist symbols and practices.

d) *Shopping and Dining*: The monastery complex includes shops selling Tibetan handicrafts, religious artifacts, and souvenirs, and take home mementos of their visit.



13. St. Philomena's Cathedral Church

- St. Philomena's Cathedral in Mysore, Karnataka, is one of the most majestic churches in India and holds significant religious and historical importance. Here's why:
- a) *Architectural Marvel*: St. Philomena's Cathedral is renowned for its stunning architecture, blending elements of Neo-Gothic and Roman architectural styles. Designed by the French architect Daly, it is one of the largest churches in Asia, standing at an impressive height of 175 feet. The intricate carvings, stained glass windows, and imposing spires make it a sight to behold.
- b)*Religious Significance*: St. Philomena's Cathedral is an active place of worship and serves as the headquarters of the Mysore Diocese of the Catholic Church. It hosts regular religious services, including Masses, weddings, and other ceremonies, attracting devotees and visitors from far and wide.
- c)Tourist Attraction*: Beyond its religious significance, St. Philomena's Cathedral is a popular tourist attraction in Mysore, drawing visitors with its grandeur and historical significance. Tourists flock to admire its architecture, explore its interior adorned with statues and paintings, and learn about its fascinating history through guided tours.
- d) *Community and Fellowship*: For some, prayer in a church provides an opportunity for communal worship and fellowship. Visitors may join in group prayers or attend religious services, such as Mass or prayer meetings, to worship together with others and share in a sense of community and belonging.



14. Organisation for the Development of People, NGO

The Organization for Development of People (ODP) is a non-governmental organization (NGO) based in India, dedicated to uplifting marginalized communities and promoting sustainable development. Here's an overview of ODP:

- a)*Mission and Vision*: ODP's mission is to empower disadvantaged communities, especially women, children, and marginalized groups, to improve their quality of life and achieve socio-economic development.
- b)*Areas of Focus*: ODP works across various sectors to address the multifaceted needs of communities. Their programs typically focus on areas such as education, healthcare, livelihood development, women's empowerment, child welfare, environmental conservation, and disaster response
- c)*Advocacy and Awareness*: In addition to direct service delivery, ODP engages in advocacy and awareness-raising efforts to address systemic issues affecting marginalized communities. They advocate for policy changes, social justice, and human rights, while also raising awareness about key issues such as gender equality, environmental conservation, and healthcare access.

Overall, the Organization for Development of People (ODP) plays a vital role in promoting sustainable development, empowering communities, and fostering positive social change in India. Through their holistic approach and commitment to grassroots participation, ODP continues to make a significant difference in the lives of those they serve.







dance, festivals, cuisine, and customs. Each region we visited offered a glimpse into this vibrant tapestry of traditions and practices.

3. Diverse Ecology and Biodiversity: India boasts a diverse array of ecosystems, including forests, mountains, rivers, lakes, deserts, islands, coasts, wetlands, and grasslands, teeming with a rich variety of wildlife. Our encounters with these natural wonders underscored the importance of conservation and preservation efforts.

Overall, the study tour left an indelible mark on us, fostering lifelong friendships and memories while deepening our appreciation for the beauty and complexity of India's cultural and natural heritage.

The study tour was a treasured gem in our cadre training journey, a mosaic of valuable lessons and joyful moments. Our heartfelt gratitude extends to MCR HBOIT, the Course Director, the Study Tour Committee, and Officials for orchestrating this enriching experience with seamless perfection. Equally, our thanks embrace our fellow participants, whose camaraderie and warmth added a delightful hue to our expedition.

As we bid adieu to these remarkable destinations, we carry with us a trove of insights and memories, ready to infuse our future endeavors with newfound wisdom. May our paths cross again with these enchanting places, as we continue to unravel the mysteries of our incredible India. Jai Hind!